

upfront

■ SKATEPARK

Boarder loves being close to home



MARYANNE FIRTH Staff Photo

D.J. Dempsey took on the wave track Tuesday at Port Colborne's new marine-themed skateboard and BMX park.

■ CAREERS: Tanya Lamb leaving township after nine-year role

Wainfleet clerk moving to Welland fire services duty

DAVE JOHNSON
InPort News Staff

WAINFLEET — After nine years serving as Wainfleet's clerk, Tanya Lamb made the gut-wrenching decision to leave her position and take on a new role in a neighbouring municipality.

"I was offered a position to be the administrative assistant to the fire chief in Welland," said Lamb on Wednesday.

Her resignation was handed in at her very last township council meeting as clerk.

"During the national anthem I almost started to cry. I realized it would be the last time I sat around the council table. I was very sad when I handed in my resignation."

"

I'm excited beyond belief and can't believe I've been given this opportunity."

Tanya Lamb

Still, Lamb is also excited about her career change. She takes over her new job on Tuesday, March 26.

As Wainfleet's clerk, Lamb worked with every department, including fire services.

"I've always felt a pull there. I've had a keen interest and passion for the fire department ... being in the community. I have a great deal of respect for what they do."

As clerk, Lamb developed skills she believes will help and be valuable in her new role.

The decision to take the job in Welland was also made for personal reasons. It means she'll be closer to home — she lives in the city — and closer to her husband and two children, aged 5 and 7.

"It made sense for my desire to be near my family."

She accepted the position earlier this month. Her last day in Wainfleet is Friday, March 22.

"I'm excited beyond belief and can't believe I've been given this opportunity," she said.

May April Jeffs found out Lamb was leaving the township one hour before council started its Tuesday night meeting.

FROM PAGE 1

Called the Algopark Skatepark — named after sponsor Algoma Central Corp. — the \$846,377 facility is located in Lock 8 Park along the Welland Canal.

It was worth every penny in Sorge's mind.

"I love that it's so smooth," the fifth-grader said of the park on a brief break from hitting the ramps.

It means a lot to him, he said, to have a park so close to home because "I've been skateboarding for more than half my life, and I love it."

Though he's skated at every park in Niagara and even some outside of the region, Sorge said Port

\$846,377
Cost of Algopark Skatepark

1,079
Square metres in size

10

Percentage of the cost of the mayor's youth advisory council has committed to raising

Colborne's takes the cake. "This has definitely been my favourite place."

The Steele Street Public School student plans to visit the park each and every day, not willing to let chilly temperatures like those felt Tuesday deter

him from practising.

And it seems he's not the only one.

"I haven't seen my grandson in three days," quipped Ward 2 Coun. Yvon Doucet at Monday night's council meeting as he spoke of the facility opening.

"It's been shoulder-to-shoulder," he said of the lakeside city's new hot spot.

"That place has been used like you wouldn't believe."

While he was pleased to see the facility packed, Doucet offered up a gentle reminder that it is only open from sunrise to sunset.

maryanne.firth@sunmedia.ca
Twitter: @mfirthTribune



Former Wainfleet clerk Tanya Lamb.

File photo

portraits

■ STELLA CROUCH: Welland-Port Colborne Concert Association artistic director passes the torch

30 years and dozens of sold-out shows

VICTORIA GRAY
InPort News Staff

WELLAND — It isn't hard to slave over a project when it's a labour of love.

That's what kept Stella Crouch going as artistic director of Welland-Port Colborne Concert Association.

But last November, after putting 30 years of blood, sweat and tears into more than 180 concerts and performances, Crouch said saying she couldn't have been happier to do it, she felt it was time to let go of the reins.

The position may have been a volunteer gig, but it was her career and she spent countless hours researching, watching and critiquing performances, contacting bands and putting schedules together.

"I thought it was time to step down and pass the torch to someone else," she says. "It's been very rewarding and I've enjoyed every minute of it."

Assuming her role is longtime friend and board member Rosamund Battye, whom Crouch has no doubt the association will flourish under her leadership, too.

"I've been grooming her for years," Crouch says. "I have full confidence in her abilities and I'm not worried about her leadership."

Crouch will continue to serve as an honorary director, but the 82-year-old St. Catharines resident is wondering what else to do with her future. She's an avid tennis player at Welland Tennis Club and plays bridge often, but she says she needs to find other interests and areas of culture to fill her days.

"I need to keep busy. I'm not the kind of person to sit around. I'll go crazy with nothing to do," she says.

"The secret to keeping young is keeping busy."

Crouch's passion for the arts was something Michael and Anna Skowronski instilled in their daughter.

Crouch was born in Guelph and moved to Toronto in 1941.



Stella Crouch takes time to enjoy the music having stepped down as the artistic director for Welland Port Colborne Concert Association after 30 years in the role.

She started dancing and singing with Polish dance groups and travelled all over Ontario performing such ethnic dances as the Krakowiak at a wide variety of events. In 1948 she and her group went to Ottawa to perform for the Governor General and stayed at the Polish consulate.

"Singing and dancing was just what young Polish children did. It was part of my culture," she says.

A friend convinced her to go on a blind double date with a Welland girl in 1951 and she fell head over heels for him.

She married Phillip Crouch in 1955 and he became her partner in every aspect of her life — he was concert association's lawyer and helped her make every decision until his death in 2010.

She loved Phil, but when she moved to Welland she missed going to Massey Hall for world-renown performances almost whenever she wanted.

A friend from the tennis club asked her to join what was at the time Welland-Port Colborne Community Concert Association in 1971. She chaired various operating committees until she became president in 1982.

In 1984 Crouch managed to bring the Royal Winnipeg Ballet to Welland. Tickets were sold out in less than 48 hours. Staff even had to hold the show. More than 100 people crammed into the auditorium.

Since that time the association shows have remained sold out. There are more than 700 people on the membership waiting list and it takes five to six years to get a membership.

Crouch believes the association has enjoyed its long-standing success because of its variety.

"I have always said something old, something new, something borrowed and something blue" she says. "We bring quality performers and people enjoy them."

She and fellow volunteers Barry and publicity chair Cheryl McLean work hard to book these performances yearly at the Ontario Contact conference, where touring artists and performers showcase their talents.

Crouch enjoyed those trips immensely and will miss them.

For the time being she will continue to visit her daughter Leanne Crouch and granddaughter Hartlie Faquet in Toronto once a month and visit her other daughter Linda Crouch and grandsons Matthew and Jeremy Squires who live in St. Catharines as often as possible.

She still intends to find other volunteer projects to keep her busy.

"I've had a great life with so much fun and now it's time to move on to something different and start a new chapter," she says.

The association plans to hold a farewell reception in Crouch's honour after its next concert featuring the Russian Ballet or Sunday, March 24, at Welland Community Secondary School. Members are invited to stay and enjoy light refreshments and good company.

victoria.gray@sunmedia.ca
Twitter: @VixeyG

VICTORIA GRAY Staff Photo

INPORT NEWS

COLUMN

The prodigal sons

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inport@wellandtribune.ca

John Tobon, publisher, general manager

Dave Johnson, InPort News senior reporter

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ourview

Questions hang in air over cancelled gas plants

Among unanswered questions about the Liberals' decision to cancel two natural gas plants leading up to the 2011 Ontario election, a key one involves Premier Kathleen Wynne.

Wynne has described the Liberals' decision to cancel the two unpopular projects in Oakville and Mississauga as a "political" one, meaning it was done to save a handful of Liberal seats in that election.

Wynne has been emphatic on this point.

As she put it last month: "I have never said this wasn't a political decision. It was a political decision."

Wynne has also said she wasn't involved in any decisions or meetings to cancel the Oakville plant in 2010 or the Mississauga plant just two weeks before the Oct. 6, 2011, election, in which she served as the Liberals' campaign co-chair.

How is it possible the Liberals' campaign co-chair wasn't involved in a political decision two weeks before the election to cancel the Mississauga plant, to save the political hides of some Liberal MPPs?

And if even the Liberal campaign co-chair wasn't involved, then who was?

Wynne has promised to testify before the legislature's justice committee on the gas plant cancellations and we'll be looking forward to her answers.

While we're at it, if the Liberals weren't trying to hide anything about their decision to close the two gas plants, why do documents related to them keep showing up under such bizarre names as Project Apple, Project Fruit Salad, Project Banana and Project Vapour?

It's no wonder new government documents keep turning up related to the gas plant cancellations every time the Liberals assure us they've delivered the lot of them. Either their filing system sucks or they didn't want these documents to be found.

Finally, we had testimony last week of independent energy expert Bruce Sharp, who estimates real cost of cancelling the Oakville gas plant isn't the \$40 million Grits claim, but \$638 million. Sharp agreed with the \$190 million estimate the Liberals have given for cancelling the Mississauga plant just before the 2011 election, although he says they could have saved at least \$28 million by driving a harder bargain on gas delivery costs.

Maybe we should just take the Liberals at their word about all these issues. After all, when have they ever lied to us before?

FR. DAVID GRAHAM SCOTT
St Ignatius of Antioch Orthodox Church

The fifteenth chapter of St Luke's Gospel gives us three pictures of how much God and his angels rejoice when one sinner repents. The lost sheep is found. The lost coin is found. The lost son is found.

The prodigal's father had two sons. The elder would inherit two-thirds of his estate and the younger son, one-third. The younger son wanted his inheritance now and he used it to go to a far country and to have fun. He spent his inheritance having fun, and when his cash ran out, he found himself so impoverished that he had nothing to eat.

Hunger told him that his father's servants were better off than he was. And so he went to work back home and asked his father for a servant's job. This is an image of repentance, coming to oneself reluctantly, admitting unworthiness, turning away from Fools City and taking the steps necessary to return to our Father in heaven.

The parable's father has been looking for his son's return and when he saw him, he ran to meet him and give him a big hug. The young man began to say that he had sinned, but before he could ask for a job, his father called on his servants to bring new clothes and a ring for the boy and to kill the fattened calf for him.

In baptism we have put on Christ (Galatians 3:27); baptism in faith constitutes the prodigal's new clothes and the ring of renewed relationship with the Father. In the Banquet of the Lord, God we are made a new creation, a temple of the Holy Spirit, and heaven rejoices.

The elder son who will inherit twice what his brother received hears the rejoicing and gets very angry. He will not enter into the festivities. He abuses his father for giving him even a goat to party with his friends and for killing the prizewinning calf for a spendthrift and a浪子.

The father reminds his elder son that he has always been with him. Does his relationship with his father mean nothing to him? Does he bring fed and clothed, loved and cherished, mean nothing to him? Has he wasted his years with his father by ignoring their relationship?

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The father also reminds his elder son that his brother is his own flesh and blood, that he is his brother's keeper, that his brother is his life (St Silouan) and that hell is not other people (Sarthe) but the prison of the self. And his brother was hungry and thirsty and naked and sin-sick (Matthew 25:37-40)—was dead but is alive again, was lost and is found.

The father's love for his two sons shows the love of God. Both sons were prodigal through different ways. The younger son wasted his inheritance. The elder wasted the precious years with his father and wasted this opportunity to be present with his brother.

Far better for us to return to God's desire for the sinner to repent and live (Ezekiel 18:30-32). Far better to desire with God that all people might be saved (1 Timothy 2:4). Far better for us to let God's love reorient our lives and to realize that he loves for all makes life foreverwings living.

Our relationships to one another are our true riches. Our relationship to God in Christ is our true and lasting wealth. Lent is a great time to remember this and to be present with one another and with our Father in heaven.

COLUMN

Trophy wives and husbands

Trophy wife is an interesting and somewhat derogatory term usually pertaining to the much younger spouse of a wealthy, narcissistic man out to impress.

The wife, perceived to possess little merit beyond her beauty, is often referred to as a "gold digger." Fuelled by the silent rage of women in their own age, the room temperature rises dramatically when a man walks in with his trophy wife on his arm.

Men of the husband's age also demonstrate the disappearance of the trophy wife by mentioning something like "he's probably lucky at cards, too." Shallowness is not a male flaw; it's part of who we are.

The late Playboy Playmate Anna Nicole Smith was seen both a trophy wife and a gold digger when she married 89-year-old millionaire J. Howard Marshall at the age of 26.

The wedding was spread over a three-day period to allow Marshall to take a series of long



WILLIAM THOMAS

HUMOUR

reps.

Old J. was unable to impress anybody since all his peers had predeceased him. In the end Anna was accused of "robbing the casket."

As far as "trophy husbands" go, Demi Moore's ex-husband is a good one and he's been a good sport about keeping all his horses. Some Paul McCartney is referred to as a trophy husband. Beatles fans believe he deserves a trophy for time served with Heather Mills.

The Duchess of Alba, Spain's 85-year-old billionaire recently married a man 24 years younger. Considered one of the five billion dollar fortune, Alfonso Díez is not just digging for gold; he's punning for platinum and drilling for diamonds.



Reuters

Spain's Duchess of Alba, Cayetana Fitz-James Stuart y Silva and her husband Alfonso Díez pose before a presentation in Portugal.

All this because last week's Paris Press headline really caught my eye: "Trophy husband" awarded \$157,000 from B.C. Widow."

Gordon Walker is 66 years old. Apparently he outwrote the term "boy" when he filed for his Old Age Security Pension.

Valerie Fortune Brown, a former world-class figure skater, model and wealthy widow has been ordered by a British

Columbian court to pay her so-called trophy husband more than \$157,000 in support after a 14-year relationship. She's 86 years old.

Before they met, Walker lived in Canada, where he was officially employed, but then became a "kept man" and economically dependent with Brown covering all of his living expenses and luxuries, including about 60 trips around the world.

According to the court ruling, "At 65 years of age, the breakup of their relationship has caused Mr. Walker to be economically dependent on Mrs. Brown, who he had been accustomed to."

Not to mention the shock from trading in a Grand Duplex Outside Suite on the Queen Mary 2 for a pup tent in Stanley Park.

The court ruling also concluded that "his future job prospects are extremely limited." Well, I'm not so sure about that. Betty White is still alive.

see THOMAS | page 5

**IN
BRIEF**
CONTRACT FOR TRIB

The guide to all things Port Colborne will soon be in the mail.

City council awarded the contract for creation of its community leisure guide to *The Tribune* on Monday night.

The booklet, to be sent out to homes twice a year to outline spring/summer and fall events, programs and events, will be created, produced and distributed at no cost to the city, as the guide will be paid for through advertising.

OH, A DEERE

Port Colborne is adding a new John Deere backhoe-loader to its fleet.

The city's 2006 Volvo backhoe-loader has experienced out-of-warranty performance issues that have become costly to repair and maintain.

The list price of the new piece of equipment was \$109,310, but with the 2006 trade-in, city staff were able to get the price down to \$95,400.

Council budgeted \$12,550 for the backhoe-loader for 2013.

BEACH RFP ISSUED

The City of Port Colborne is issuing a request for proposals for operation of Nickel Beach for the coming season.

Beach operations have been both leased out and handled in-house by the

city in the past, but the municipality has been overseeing operations consistently since 2007.

A proponent has already approached the city with ideas for the 2013 season.

SMALL PETS COULD BE SNACKS

With the arrival of spring comes the return of an abundance of wildlife to the lakeside city, including coyotes that residents should be cautious of.

Ward 4 Coun. Barbara Butters issued a reminder to the public that coyotes are roaming the city's rural areas.

Coyotes are "very active" in Port Colborne this time of year, she said at Monday night's city council meeting, and while offering up tips for homeowners encountering the canines on their property.

She advised residents to make sure their garbage and compost is secure when outdoors, and suggested residents invest in outdoor motion lights.

A watchful eye, she added, should be kept on small cats and dogs that "could be lunch" if a hungry coyote comes by.

"Coyotes are very opportunistic," she said, adding many are having pups this time of year and are eagerly searching the area for anything that can be considered food.

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DAVE JOHNSON Staff Photo

Chef Massimo Capra dyed his moustache green for St. Patrick's Day. He did it for Tourism Ireland's Great Green Off. The Great Green Off is a contest inviting people all over the world to create and share their own greening video or picture, with the best submission scoring a trip to Ireland this year for The Gathering. The Gathering is a series of events and festivals to celebrate Irish culture, history and genealogy.



DAVE JOHNSON Staff Photo

Frank Greco, left, the Travel Guy, poses with a green cookie moustache, after watching chef Massimo Capra dye his green for St. Patrick's Day. Greco, a Port Colborne native, produces Capra's cooking show, Gourmet Escapes.

Improve Your Cardiovascular Health

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COMPLIMENTARY EXAM - No Referral Necessary

■ PUBLIC SAFETY

Wainfleet emergency services plan to cost nearly \$20,000

InPort News Staff

WAINFLEET — The township will pay \$19,475 for a master emergency services plan that will serve the community and fire service for the next five years.

The plan will address fire department operations, planning, fire prevention, training and education, communications, apparatus and equipment, maintenance, human resources, station locations, budgets and large-scale emergency preparedness.

Ald. Ted Hessels asked why fire Chief Harry Flagg and fire department chair Ald. David Wyatt recommended the proposal from T.L.

Powell and Associates Ltd., which was \$2,000 more than another other bid.

Flagg said only two proposals were received by the township.

"Myself, Ald. Wyatt and Scott (Luey, township CAO) went through the requests. We broke it down ... and thought we'd get a better product from this company," the chief said.

Wyatt said Powell & Associates had worked with similar-sized communities and would have a better understanding of Wainfleet's needs.

Fire chiefs from Grimsby and Thorold were consulted as references for Powell & Associates.



Flagg



Hessels

Agapé Valley

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DAVE JOHNSON
InPort News Staff

WAINFLEET — Beachgoers in Wainfleet could see washrooms and a parking lot go up around the former Concessi's store on Lakeshore Rd.

And it could cost \$20 a car for parking, council heard recently.

"We've had numerous requests over a number of years now before our time here, from the folks who live in Long Beach to enforce rules and behaviour on the beach," said township CAO Scott Luey.

Long Beach is known for Augustine Beach, which is frequented by residents and people from outside the community. It's also the site of Beach Day, when students from area high schools ditch class to soak up the sun.

Residents have complained about drinking on the beach, inappropriate behaviour, people trespassing and parking.

Luey said part of the township's recreation master plan is about providing more beach access and a parking lot would help achieve that goal.

Council heard there would be costs associated with a one-year trial project at the Concessi's site, including for possible staffing costs, but Luey said those would be offset by charging a fee for parking — probably \$20 a carload, the same as the cost of a parking fine in

Wainfleet.

Mayor April Jeffs said the cost of parking may deter some youths from using the beach as a party spot, and as a result attracting more families.

"People go on about how wonderful our beaches are and we want to encourage more of those people to come here," she said.

Township staff had considered an automated parking system, but decided using students was a better option. Students would collect the money and issue some sort of pass or tag to identify people who paid for parking. And using students would create a few job positions for Wainfleeters.

Ald. Richard Dysktra said he liked the idea of the "very generous offer" made by the Concessi's owner to use the former Concessi's parking lot. However, he was concerned about the sign in the window of the store advertising retail space for rent.

The alderman is in favour of new business in the township, but wondered how a new business would fit if the township was taking up parking spaces.

Luey wasn't sure how long that sign had been in the window, but said he would contact the owner this week and discuss the concern.

Council gave Luey the go-ahead to carry out negotiations with the property owner.

dave.johnson@sunmedia.ca

■ VALE CENTRE: Parking problems are being addressed

Plan being developed for off-ice action

MARYANNE FIRTH
Tribune Staff

PORT COLBORNE — City staff are working to iron in the kinks in the parking plan for Vale Health and Wellness Centre.

Concerns were raised by staff last week about parking challenges encountered at the Elizabeth St. facility, particularly during popular events, such as junior B hockey games, that draw large crowds.

There have been issues with vehicles parking in fire lanes and vehicles double-parking.

Armed with a plan to address the issue, Port Colborne's bylaw enforcement officers were present Friday night as the Port Colborne Pirates

faced off against the Welland Junior Canadians.

The hockey team also offered up two volunteers to assist in monitoring parking in the centre's gravel back lot, which has seen its fair share of issues as these events draw large crowds.

"It did help to a large extent," Harry Hakim said of the new measures.

Port Colborne's manager of community services said parking was "at a premium" during Friday night's game.

Hakim estimated game attendance to be in excess of 1,000 people, even pushing toward 1,100. That's excluding members of the YMCA or other members of the public at the centre for other purposes.

see VALE | page 16

■ EASTER EGG HUNTS

Port on Easter Bunny's map

SARAH FERGUSON
InPort News Staff

PORT COLBORNE — The Easter Bunny will be on his way into the lakeside city later this month.

The City of Port Colborne and its mayor youth advisory council will host Port Colborne's inaugural Easter egg hunt Saturday, March 30, at 10 a.m. at Roselawn Centre.

"If the weather is beautiful, we're hoping for at least 100 children," said Gina Murdoch, the city's events co-ordinator.

Children ages 10 and under are invited to search for eggs hidden in a secret Port Colborne's skatepark. The egg hunt will go on rain or shine. If the weather is poor, the event will be moved indoors, Murdoch said.

Each hunter will receive a bag full of treats and goodies after the hunt has finished.

"Kids can find as many eggs as they can, and we will have six special prizes for those who find special eggs."

Those children will receive prizes that will be announced the day of the event.

Kids are welcome to enjoy colouring, face painting and a visit from the Easter Bunny. Registration for the egg hunt begins at 9:30 a.m.

Murdoch said the city has wanted to organize an egg hunt for a while now, and with the help of M.Y.A.C., it's here now.

As it is the first year of the hunt, Murdoch said organizers will "see how it goes." The hope is that the egg hunt becomes a tradition in Port Colborne drawing hundreds of people to the event to have fun and make memories.

sarah.ferguson@sunmedia.ca
Twitter: s.ferguson25

Who: City of Port Colborne and mayor's youth advisory council

What: Hosting the inaugural Easter egg hunt for children 10 and under.

When: Saturday, March 30, at 10 a.m.

Registration begins at 9:30 a.m.

Where: The front lawn of the Roselawn Centre.

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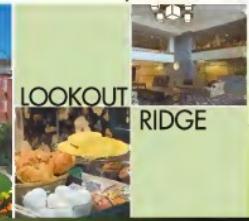
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TURBINES: Power to travel through underground network

Wainfleet Wind Energy applies for distribution facilities

DAVE JOHNSON
InPort News Staff

WAINFLEET — Power from Wainfleet Wind Energy Inc.'s proposed wind turbine farm will be

collected through an underground distribution system.

The company, which partnered with Rankin Construction Inc. last year, applied to the Ontario Energy Board for the distribution

facilities.

Notice of the application and a hearing were presented to Wainfleet council in the form of correspondence.

Council took the matter behind

closed doors based on advice from township clerk Tanya Lamy.

Township CAO Scott Luey said the matter fell under the Municipal Act for litigation or potential litigation, including matters before tribunals.

"Council could ask me to speak to our lawyer about this," Luey said before heading into the closed meeting.

Wainfleet council has passed a motion on wind turbines and a two-kilometre setback bylaw for turbines from residential areas.

That bylaw is currently before the courts. Hearings were held Wednesday and Thursday in St. Catharines, as Wainfleet Wind Energy Inc. has filed a lawsuit against the township over it.

In its application to the energy board, the wind company, owned by the Loefken family and Rankin, are proposing to build a 27-kilovolt underground distribution system for its five turbines. Those turbines are expected to generate

nine megawatts of power.

"The applicant proposes to install the distribution system underground upon private and public lands in the township and Niagara Region. This application is in reference to the public lands within the authority of the township only," said the application. Wainfleet council was presented with it.

It also said the company has not been able to reach an agreement with the township with respect to the location of their proposed distribution system within road allowances and is requesting the energy board to issue an order to determine the location of the system.

Wainfleet Wind Energy Inc. asked for a written hearing rather than one at which all parties appear. An oral hearing could be requested by the township, but it would have to prove why one was necessary.

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■ FESTIVALS: Motivation for tastiest party's 20th year

Food fest, Canal Days make Ontario's top 100 list

MARYANNE FIRTH
InPort News Staff

Niagara knows how to party
— at least according to
Festival and Events Ontario.

WELLAND — South

Niagara Food Festival in Welland and
The organization recently

named its top 100 festivals
and events throughout the
province, and both Niagara
Food Festival in Welland and

Canal Days Marine Heritage
Festival in Port Colborne
made the cut. Dunnville's
annual Mudcat Festival was

also selected for the honour.

The awards for the top 100
were handed out on March
2 during FEO's annual

conference.

Food Fest, Canal Days and
the Mudcat Festival have
each made the list for several
consecutive years.

"It's pretty humbling to be
associated with the big guys.
We're excited," said food festival
event manager Jane Thompson,
who was unable to attend the confer-
ence earlier this month.

The conference is an ideal net-
working opportunity, she said, as
organizers get to learn what works
and doesn't work at festivals across
Ontario, while also getting connected
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The Healthy Cupboard

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Leaf Source

STOPS PAIN WITHIN DAYS!

"It works! I'll take another two bottles please!"

This coming from a customer who had tried every other natural remedy under the sun in the past few years to take away her pain. Ian, the owner of The Healthy Cupboard couldn't believe his ears. He had finally found the perfect product to stop his customer's misery. This is what every owner of a health food store dreams about, a natural product that receives so many outstanding testimonials on such a wide variety of health issues. "I had recommended a new product called LeafSource, which we recently started carrying. We have had tremendous success with this product, and almost everyone we have recommended it to over the last few months has come back and said it worked," Ian said. Ian said Ian, before trying LeafSource, the woman had complained about her ongoing joint pain and was at her wit's end. Although she had experienced some relief through the numerous natural remedies she had tried over the years, the pain would never fully go away. "She returned to my store, in tears, less than one week after buying LeafSource. I didn't know what to make of this woman sitting in front of me crying until she told me about taking a few days off taking LeafSource; her pain started to disappear and within a week it was completely gone - as if it was never there," Ian goes on. "This coming from a woman whose painful joints and ongoing sciaticles were so bad just one week earlier, that the pain was unbearable but now has completely subsided." By now you are probably

wondering what is LeafSource and why is it so effective? LeafSource is a 100% natural product derived from a proprietary organic mineral composite with over ten years of university research. LeafSource helps regulate the body's natural pain process and the body's ability to repair itself. The vast majority (70 - 80%) of the population over the age of 50 have joint problems — often called osteoarthritis. This is due to the natural (or unnatural) wear and tear on joint tissue that develops through the aging process. With joint inflammation, movement is limited and pain can be constant. LeafSource seems to have the ability to help people get their mobility and zest for life back. Millions of people seek treatment for joint pain and inflammation problems by resorting to expensive, toxic prescription drugs (i.e. NSAIDS) with multiple side effects. These range from nausea and vomiting to serious intestinal disorders (bleeding, gas, pain) and even kidney and liver failure. Isn't that too large a price to pay for a little pain relief? LeafSource is a safe alternative to these destructive anti-inflammatory drugs that cause more problems than they solve.

LeafSource is absolutely no side effects and it doesn't interfere with any other medications. Controlled experiments and observations have revealed that LeafSource is a potent anti-inflammatory that has been shown to bring a reduction to inflammation and pain within a few days. People notice great results in terms of more energy and less pain by taking anywhere from 2 to 6 capsules/day. Typical maintenance is usually 1 capsule twice daily. This product gets results! LeafSource is scientifically validated through more than 10 years of research at 4 universities, including the Department of Pharmaceutical Sciences, Mercer University. Aside from its incredible anti-inflammatory and pain reducing ability, it has also been shown to improve the performance of your daily nutrition and vitamin programs. It helps increase the absorption of vital nutrients, which in turn helps these nutrients work better. Better absorption = better results! It's almost as if they have become supercharged! LeafSource has also been shown to help reduce the effects of levator ani syndrome, hair, skin and nails and improve immune function. To see someone go from intense pain to a new lease on life within a week is truly incredible. Imagine being able to move freely without pain. Who wouldn't want to get out of bed in the morning with more energy? It's amazing how much of this stuff we take for granted, until it's gone! Ian adds, "I often recommend LeafSource to be taken with other natural joint products in order to help them work better and provide even faster relief. One of the things I hear most often from people who have tried LeafSource is they just plain feel better, have more energy and less pain. We're so confident, we guarantee LeafSource 100%!" That alone should be enough to try this incredible product."